

# Carrie Ann Gaines

CEO of A Safe Pack, LLC and Child's Safety Advocate



My husband is a retired military veteran and I taught personal training to the military as a contractor for the Department of Defense. I never imagined I would become a child's safety advocate and it's not really something you aspire to be. It's a calling and I was called.

I have watched too many school shootings and I have two young boys in elementary school. My job is to teach them to say No to Drugs, watch out for Stranger Danger AND to be prepared should a shooter show up on their school grounds. These are the times we live in and of course it's sad. But sad aside, we must do all we can to protect our children. That's why I created A Safe Pack backpack inserts – body armor for children. There are many inserts on the market today and you might find them in big stores BUT...our body armor is different and provides MORE protection. You can't skip when buying body armor!

Our body armor provides the following:

- The ability to take a high caliber bullet. Most in store inserts do not provide this feature – check them before buying.)
- Light weight for children to carry
- Can pass through a metal detector
- Made in America
- Approved by the Department of Justice

Parents struggle with teaching their children about body armor. We understand and we have provided a friendly turtle, Tank – America's Super Turtle – to explain how it works. Tank has created a short video on our website – [www.asafepack.com](http://www.asafepack.com) - showing children how to go inside their shell (our body armor) for protection. With their backpack inserts, children act like a turtle and find a spot to curl up and hide under their shell.

Tank makes a difficult conversation easier to have and less scary for the children.

Check out more on our website at [www.asafepack.com](http://www.asafepack.com) and download "The Other Back-to-School Checklist." Get involved. Be your child's safety advocate and ensure all involved in their school days are doing their part.

Blessings and thanks – Carrie Ann and Tank!

